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Borderline Personality Disorder: Introducing St: New Bpd Psychotherapy (Paperback)

By Dr Paul Dawson

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Dawson presents three developments created by Dr. Dawson: 1) ST -- a new BPD individual and group psychotherapy; 2) the Seven-Selves profile; 3) the Interself Test. BPD in film, TV, and literature is explored, revealing characters who appear to fit a BPD diagnosis. BPD is covered: What is BPD? Who gets BPD? Myths about BPD. BPD symptoms: sensation seeking, impulsivity, self harm, explosive feelings and moods, identity problems, interpersonal instability, extreme thinking, dissociation, paranoia. Assessing, diagnosing BPD. How is BPD differentiated from other disorders? Individual group psychotherapy is evaluated in terms of BPD. Neurobiological indications for BPD. Medications used to treat BPD are discussed. Dr. Dawson earned a Ph.D. in psychology from The New School for Social Research, Graduate Faculty, New York City. Dr. Dawson has consulted for the CIA on interrogation techniques, eyewitness testimony, etc. Dr. Dawson has been chief psychologist of a state prison system, clinical psychologist in mental hospitals, clinics and in private practice. Dr. Dawson has written over 30 books including: ANGELINA JOLIE PSYCHOANALYZED; BORDERLINE...



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Reviews

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