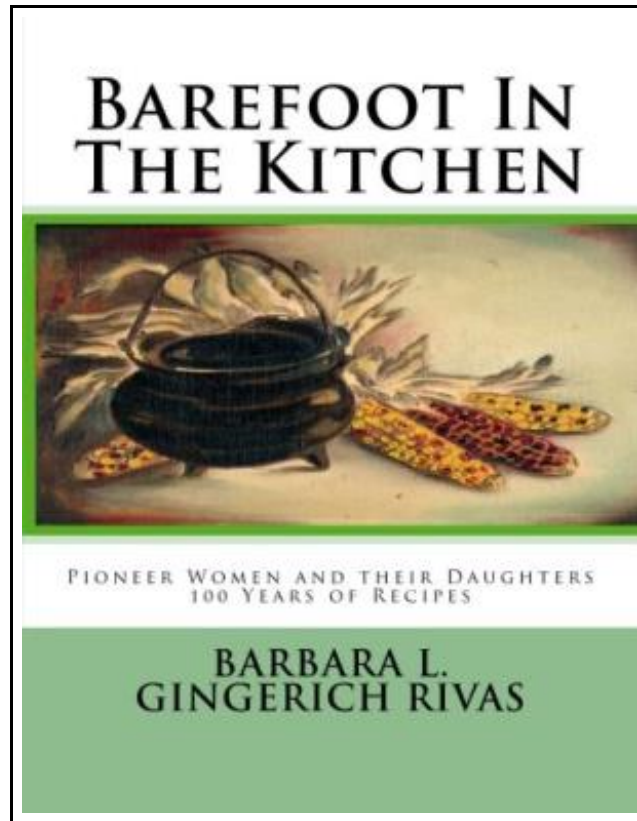


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Reviews

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(Nakia Toy Jr.)

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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The Barefoot women, and their daughters, were all excellent cooks. Although they specialized in their own regional cooking, Southern, Texas and Oklahoma styles, they were not indifferent to good food from other places. They incorporated these recipes into their own menu, often giving them a slight Southern slant. The recipes presented here are a combination of recipes found in the recipe boxes of the aunts and grandmothers. Many were written on whatever piece of paper came to hand, be it the back of an envelope, a page torn from a notebook, or even a note on the back of an advertising flyer. They would also find recipes on boxes or cans and would incorporate them into their repertoire. The Barefoot women shared these recipes with each other, including extended family and friends. This compilation is more of an historical or genealogical document rather than a traditional recipe book. It s intended to document and preserve the recipes, oral and written, passed from mother to daughter. They have not been re-tested, nor re-written. They are presented as they were found. It s up to the reader to interpret some of them. Try some, test them, and just plain enjoy them. There is good eating in these pages.



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